Contemporary Issues in Couples Counseling explores the most difficult issues that people in the helping professions face when treating couples and provides concrete solutions for addressing them effectively. Using the revolutionary choice theory and reality therapy approaches to couples counseling, the book shows clinicians how to combine a relationship-based approach with the pragmatism of cognitive-behavior therapies. Both experienced and beginning clinicians will find Contemporary Issues in Couples Counseling ideal for helping clients focus on the here and now, not the past, and for creating treatment plans that meet clients' individual needs while also addressing the needs of their partners.

Written for researchers, practitioners, and students in advanced courses, this book furthers our understanding of the complexity of contemporary families. Seven types of families are the focus of this book, based on the research available and the challenges they present for mental health professionals. The family forms discussed are: • Adoption • Foster care • Interracial families • Family members with special needs (with a focus on autism) • Families with LGBTQ members • Grandparent-headed Families • Family members with chronic medical conditions

The volume establishes an innovative format that fits the new age of evidence-based practice. Each chapter is written by a collaborative team of authors consisting of researchers and practitioners. The former address the prevalence and characteristics of the family form and then present the research findings most
relevant to clinical practice; the latter use this as the foundation for their portion of the chapter, in which they discuss strategies for good therapeutic intervention, representing a true integration of science and practice. Readers learn about relevant research findings regarding each family described, as well as gain explicit instruction and case material for which to augment therapeutic efforts with these populations. Becoming a Marriage and Family Therapist is a practical "how to" guide designed to help trainee therapists successfully bridge the gap between classroom and consulting room. Readers will learn how to apply empirically-based methods to the core tasks of therapy in order to improve competency, establish effective supervision, and deliver successful client outcomes. A practical guide to improving competency across the core tasks of therapy, based on over 40 years of observation and teaching by an internationally acclaimed author Presents treatment protocols that show how to apply therapy task guidelines to a range of empirically-supported marriage and family treatments Provides extended coverage on assessing and beginning treatment with crisis areas such as suicidal ideation, and family violence with children, elders, and spouses Suggests how supervisors can support trainees in dealing with crisis and other challenging areas, to build competence and successful delivery Covering the process of therapy from beginning to end, this engaging text helps students and practitioners use play confidently and effectively with children, adolescents, and adults struggling with emotional or behavioral problems or life challenges. With an accessible theory-to-practice focus, the book explains the basics of different play therapy approaches and invites readers to reflect on and develop their own clinical style. It is filled with rich case material and specific examples of play techniques and strategies. The expert authors provide steps for building strong relationships with clients; exploring their clinical issues and underlying dynamics; developing and working toward clear treatment goals; and collaborating with parents and teachers. A chapter on common challenges offers insightful guidance for navigating difficult situations in the playroom. In an era that demands ever-increasing levels of accountability and documentation, Family Assessment is a vital tool for clinicians. It covers more than one hundred assessment methods – both the most widely used strategies as well as those that are more specialized and issue-specific. Techniques and instruments for assessments are summarized concisely in tables and discussed in depth in the chapters, often by the experts who developed the approaches they describe. Each chapter is also supplemented by recommended strategies for utilizing the assessment tools, as well as by case studies and observational method matrices. Readers will find that the second edition of Family Assessment provides the same comprehensive evaluation and thorough analysis as the first edition but with a fully updated focus that will invigorate the work of researchers, educators, and clinicians. The field of family, child, and couple assessment continues to evolve and change since the first edition of this book appeared in 2004. Couple and Family Assessment, Third Edition, is a thoroughly revised and updated
resource for anyone working with children, adolescents, couples, and families. It provides an in-depth description of an even larger number of clinically useful assessment tools and methods, including issuespecific tools, self-report inventories, standardized inventories, qualitative measures, and observational methods. Each chapter provides strategies for systematically utilizing these various assessment methods and measures with a wide range of family dynamics that influence couples and families. These include couples conflict, divorce, separation, mediation, premarital decisions, parenting conflicts, child abuse, family violence, custody evaluation, and child and adolescent conditions, i.e., depression, anxiety, conduct disorder, bipolar disorder, obsessive compulsive disorder, autism, Asperger’s syndrome, and learning disorders that can significantly influence family dynamics. This third edition features the latest, most common and important assessment tools and strategies for addressing problematic clinical issues related to working with families, couples, and children. Chapters 3 through 11 include matrices that summarize pertinent information on all instruments reviewed, allowing readers to instantly compare more than 130 assessment devices. Finally, the book provides extensive clinical case material that illustrates the use of these various assessment tools and strategies in a wide array of clinical situations. Couple and Family Assessment, Third Edition, will be useful to both trainees and practitioners as a ready reference on assessment measures and strategies for working with families, couples, and children. A comprehensive and practical approach to the world of marriage, couples, and family counseling Esteemed academics David Capuzzi and Mark D. Stauffer present the theory, research, and real-life practice of today’s counselors and therapists in family therapy settings. Aligned with the Council for Accreditation of Counseling and Related Educational Programs (CACREP) and Commission on Accreditation for Marriage and Family Therapy Education (COAMFT), this useful text covers foundational teaching important to readers, but also critical modern topics not included in other texts, such as sexuality, trauma, divorce, domestic violence, and addictions, filial play therapy, and using community genograms to position culture and context in family therapy. With a unique focus on practical applications, the book discusses the major family therapy theories, and provides graduate students and post-graduate learners in counseling, mental health, and behavioral health fields the skills and techniques they need to help couples and families as part of their work in a variety of helping environments. Each chapter contains case studies and anecdotes that help readers think critically about the issues they are likely to deal with as clinicians. Written by recognized and respected contributors, this book helps readers see the connection between what they know and what happens in couples and family counseling sessions. Readers will: Learn the knowledge and skills essential to family therapy Understand the history, concepts, and techniques associated with major theories Examine the key issues specific to couples work, with relevant interventions Explore solutions to the complexities generated by special issues Discusses the modern realities of family, diversity and culture.
and systemic contexts Family and couples counseling presents a complex interplay of various factors inherent to each individual, the dynamic interplay between each person's issues, and the outside influences that shape behavior. Foundations of Couples, Marriage, and Family Counseling helps readers sort out the complexity and guide clients toward lasting resolution. The field of family, child, and couple assessment continues to evolve and change since the first edition of this book appeared in 2004. Couple and Family Assessment, Third Edition, is a thoroughly revised and updated resource for anyone working with children, adolescents, couples, and families. It provides an in-depth description of an even larger number of clinically useful assessment tools and methods, including issue-specific tools, self-report inventories, standardized inventories, qualitative measures, and observational methods. Each chapter provides strategies for systematically utilizing these various assessment methods and measures with a wide range of family dynamics that influence couples and families. These include couples conflict, divorce, separation, mediation, premarital decisions, parenting conflicts, child abuse, family violence, custody evaluation, and child and adolescent conditions, i.e., depression, anxiety, conduct disorder, bipolar disorder, obsessive compulsive disorder, autism, Asperger's syndrome, and learning disorders that can significantly influence family dynamics. This third edition features the latest, most common and important assessment tools and strategies for addressing problematic clinical issues related to working with families, couples, and children. Chapters 3 through 11 include matrices that summarize pertinent information on all instruments reviewed, allowing readers to instantly compare more than 130 assessment devices. Finally, the book provides extensive clinical case material that illustrates the use of these various assessment tools and strategies in a wide array of clinical situations. Couple and Family Assessment, Third Edition, will be useful to both trainees and practitioners as a ready reference on assessment measures and strategies for working with families, couples, and children. Disorder, bipolar disorder, obsessive compulsive disorder, autism, Asperger's syndrome, and learning disorders that can significantly influence family dynamics. This third edition features the latest, most common and important assessment tools and strategies for addressing problematic clinical issues related to working with families, couples, and children. Chapters 3 through 11 include matrices that summarize pertinent information on all instruments reviewed, allowing readers to instantly compare more than 130 assessment devices. Finally, the book provides extensive clinical case material that illustrates the use of these various assessment tools and strategies in a wide array of clinical situations. Couple and Family Assessment, Third Edition, will be useful to both trainees and practitioners as a ready reference on assessment measures and strategies for working with families, couples, and children. We call this book on theoretical orientations and methodological strategies in family studies a sourcebook because it details the social and personal roots (i.e., sources) from which these orientations and strategies flow. Thus, an appropriate way to
preface this book is to talk first of its roots, its beginnings. In the mid 1980s there emerged in some quarters the sense that it was time for family studies to take stock of itself. A goal was thus set to write a book that, like Janus, would face both backward and forward a book that would give readers both a perspective on the past and a map for the future. There were precedents for such a project: The Handbook of Marriage and the Family edited by Harold Christensen and published in 1964; the two Contemporary Theories about the Family volumes edited by Wesley Burr, Reuben Hill, F. Ivan Nye, and Ira Reiss, published in 1979; and the Handbook of Marriage and the Family edited by Arvin Sussman and Suzanne Steinmetz, then in production. Leaving Home presents a method of family therapy at the stage when children are leaving home. It includes a special classification of young people with problems, and tackles family orientation, the therapist support system, the first interview, apathy, troublemaking, a heroin problem, a chronic case, and resolved and unresolved issues. Visit www.haley-therapies.com for additional resources by Jay Haley, including live videos of the pioneering therapist in action. Therapists need an effective approach to case conceptualization that has three key functions. It must explain and guide treatment, and it must predict challenges and obstacles that are likely to arise over the course of treatment. This allows therapists to proactively respond. The 15 Minute Case Conceptualization is a clinician-friendly approach that is quick to use and easy to learn and master. The Handbook of Family Psychology provides a comprehensive overview of the theoretical underpinnings and established practices relating to family psychology. Provides a thorough orientation to the field of family psychology for clinicians Includes summaries of the most recent research literature and clinical interventions for specific areas of interest to family psychology clinicians Features essays by recognized experts in a variety of specialized fields Suitable as a required text for courses in family psychology, family therapy, theories of psychotherapy, couples therapy, systems theory, and systems therapy. When a parent or parental figure is diagnosed with an illness, the family unit changes and clinical providers should consider using a family-centered approach to care, and not just focus on the patient coping with the illness. Helping Children and Families Cope with Parental Illness describes theoretical frameworks, common parental illnesses and their course, family assessment tools, and evidence-supported family intervention programs that have the potential to significantly reduce negative psychosocial outcomes for families and promote resilience. Most interventions described are culturally sensitive, for use with diverse populations in diverse practice settings, and were developed for two-parent, single-parent, and blended families. This book on family assessment integrates psychodynamic and systemic perspectives in a unique way. U.S. and European authors draw from both perspectives and integrate their cultural backgrounds. In this book the family is evaluated on three levels: the individuals, the dyads and triads, and the family system. Interwoven with clinical examples, the first part discusses the importance of the initial interview, from the first contact with a
family to goal setting and treatment planning. The second part presents the various clinical perspectives
that underlie the three-level model. These perspectives include the family’s contextual factors such as
its stage in the family life cycle, its social world, and related areas such as parenting styles and
behavior. Finally, the third part presents some clinical applications focusing on the use of family
sculpting procedures as assessment tools. This family assessment book is a true integration of theoretical
perspectives and international expertise, edited and written by leading family assessment researchers from
the United States and Europe. Fully revised and updated, the second edition of this widely adopted text and
professional reference reflects significant recent changes in the landscape of family therapy research.
Leading contributors provide the current knowledge needed to design strong qualitative, quantitative, and
mixed-method studies; analyze the resulting data; and translate findings into improved practices and
programs. Following a consistent format, user-friendly chapters thoroughly describe the various
methodologies and illustrate their applications with helpful concrete examples. Among the ten entirely new
chapters in the second edition is an invaluable research primer for beginning graduate students. Other new
chapters cover action and participatory research methods, computer-aided qualitative data analysis,
feminist autoethnography, performance methodology, task analysis, cutting-edge statistical models, and
more.
Assessment of Couples and Families considers the impact of recent changes on the assessment process
and provide practitioners with a review of contemporary techniques and the means by which they can be
implemented into practice in conjunction with new reporting inventories and observational methods. These
new assessment strategies will be presented collaterally with case material that addresses a specific
problem, such as family violence or marital suitability. This unique problem focus will provide
practitioners with a handy point of reference to acquaint themselves with modern practice techniques that
address issues new to the therapy session while providing a supplement to coursework on
assessment.
Personnel selection is changing. Whilst traditional face-to-face interviews are still common,
the range of assessment processes that inform the selection of candidates is increasingly diverse, taking
advantage not only of new technologies, but also using new methods and strategies, such as assessment
centres and personality testing. This new collection looks at the most important contemporary issues in
recruitment, selection and assessment today, highlighting the latest research from the perspective of both
recruiter and applicant. The book is written by an international range of prominent scholars in this area,
and provides up-to-date analysis of key topic areas, including: How measurements of intelligence can
impact on recruitment policies The use and value of personality tests An analysis of social interaction in
the interview process The value and impact of video resumes in recruitment How social networks affect how
applicants are perceived Job analysis and competencies modelling Part of the Current Issues in Work &
Organizational Psychology series, this is an important book that shines a light on the latest theory and
practice in employee recruitment. It will interest not only students and researchers of Organizational Psychology, HRM and Business and Management, but will also engage professionals in the field. As the baby boomers move into retirement and later stages of life, gerontology and geriatrics have begun to receive much more attention. Changing Aging, Changing Family Therapy explores the ways in which family therapists’ expertise in systems theory makes them uniquely qualified to take a leading role in helping families and individuals cope with the challenges and changed circumstances that aging brings. Clinicians will find detailed coverage and practical guidelines on a wealth of vital topics, including coping with the illness of a parent or partner, working past retirement age, outliving one’s savings, preserving physical and mental well-being over time, and more. Serving as an indispensable resource for students and general-interest readers alike, this three-volume work provides a comprehensive view of mental health that covers both mental well-being and mental illness. • Provides exhaustive content that affords readers a holistic understanding of mental health and mental disorders • Features extensive cross-referencing that allows readers to easily see connections and relationships between different entries • Offers end-of-entry further readings that serve as a gateway to additional information for study • Reflects on common perceptions and portrayals of mental health through a variety of pop culture-oriented entries that focus on subjects such as television shows and movies

Annotation The third edition of An Introduction to Family Therapy provides an overview of the core concepts informing family therapy and systemic practice, covering the development of this innovative field from the 1950s to the present day. The book considers both British and International perspectives and includes the latest developments in current practice, regulation and innovation, looking at these developments within a wider political, cultural and geographical context. The third edition also contains: A new chapter on couple therapy A new chapter on practice development up to 2009 Sections highlighting the importance of multi-disciplinary practice in health and welfare Lists of key texts and diagrams, suggested reading organized by topic, and practical examples and exercises are also used in order to encourage the reader to explore and experiment with the ideas in their own practice. This book is key reading for students and practitioners of family therapy and systemic practice as well as those from the fields of counselling, psychology, social work and the helping professions who deal with family issues. The fourth edition of the bestselling An Introduction to Family Therapy provides an overview of the core concepts informing family therapy and systemic practice, covering the development of this innovative field from the 1950s to the present day. The book considers both British and International perspectives and includes the latest developments in current practice, regulation and innovation, looking at these developments within a wider political, cultural and geographical context. The fully revised fourth edition also contains new material on: EXPANDED Chapter 4 'Ideas that keep knocking on the door'-updated with applications of attachment & narrative therapy,
linking these ideas to issues of developing the therapeutic alliance with families EXPANDED Chapter 5 'Systemic Formulation'- updated with a view of formulation as a core skill in many therapeutic models, and an alternative to diagnosis EXPANDED Chapter 6 '21st Century Practice Development'- updated to include cutting edge innovations in the field, such as integrative practice EXPANDED Chapter 7 'Couple Therapy'- updated to include the more recent process and outcome research in the models, making link with current systemic practice and using more illustrative examples and highlighting how Relate has changed EXPANDED Chapter 8 'Research and Evaluation'- updated with a greater range or research methods and contemporary emphasis on evidence based practice Greater focus on key family therapy skills throughout the book in the updated 'Formats of Exploration' feature in each chapter Expanded lists of key texts and diagrams, suggested reading organized by topic, and new practical examples and exercises are also used in order to encourage the reader to explore and experiment with the ideas in their own practice. This book is key reading for students and practitioners of family therapy and systemic practice as well as those from the fields of counselling, psychology, social work and the helping professions who deal with family issues. Here is an exciting collection of favorite and successful family therapy interventions from therapists which inspire more creative therapy methods in your own practice. 101 Interventions in Family Therapy features contributions by a diverse group of well-known leaders in the field, “therapists on the street,” and faculty of family therapy training programs. Each clinician presents a creative and useful intervention beginning with a complete description of the method, followed by the specific indications and contraindications for its application, and concludes with a particular case illustration. These engaging and informative stories document helpful interventions that really work, not the exotic and impractical methods of prolific marriage and family authors. Therapists at all levels can learn and incorporate these into their work with families. Practicing clinicians will learn what works for other therapists while graduate-level students and beginning counselors will benefit from the integration of theory and practice exemplified in the practical case examples. The rich and varied writing styles in this enjoyable volume reflect a multitude of personal therapeutic styles. You will find valuable insight and innovative treatment methods on critical family therapy topics such as eating disorders, the adolescent years, marriage counseling, stepfamilies, divorce therapy, communication difficulties, and conflicts with dual career couples. The smorgasbord of interventions found in this book include bibliotherapy, use of touch, creative use of space, ritual enactment, gift-giving, storytelling and countless other interventions, both revolutionary and commonsense, to enhance and improve your therapy with families. Radical Psychology explores what affects the multicultural and social justice competencies of psychologists in clinical practice, training, and research. The contributors explain how progress in social justice initiatives was hindered and why the development of culturally competent practitioners was not viewed as essential. In this
book we present a comprehensive view of a systemic approach to working with families, initiated by Karl Tomm more than two decades ago at the Calgary Family Therapy Centre in Canada. The contributors of this edited book articulate the IPscope framework as it was originally designed and its evolution over time. We invite you, experienced professionals and new family therapists, to join with us to explore some of the mysteries of human relationships. While the focus on our explorations revolves around clinical mental health problems and initiatives towards solutions, the concepts are applicable in many domains of daily life. They highlight the ways in which we, as persons, invite each other into recurrent patterns of interaction that generate and maintain some stability in our continuously changing relationships. The stabilities arise when our invitations become coupled and can be characterized as mutual; yet, they always remain transient. What is of major significance is that these transient relational stabilities can have major positive or negative effects in our lives. Consequently, we could all potentially benefit from greater awareness of the nature of these patterns, how particular patterns arise, and how we might be able to influence them.

Evidence-Based Practice in Infant and Early Childhood Psychology is the first handbook of its kind to consider the complete psychological needs of infants and young children, from birth to early childhood. With a focus on evidence-based practice, the book provides a balanced perspective of diverse and ethical practice with research and educational recommendations interwoven throughout. Comprehensive in scope, the book is divided into four sections: Foundations provides the framework for considering psychological and educational service provisions for young children and their families. Assessment and Intervention includes chapters on assessing infants, toddlers, preschoolers, parents, and families, and bilingual and multicultural children. Evidence-Based Practice addresses evidence-based treatments for particular issues such as autism, ADHD, health impairments, and more. Contemporary Issues examines current perspectives on issues such as childcare, neuropsychology, Response to Intervention (RTI), and violence prevention. The military imposes unique and often severe challenges to couples, which clinicians – particularly the growing numbers of civilian clinicians who see military couples – often struggle to address. These problems are only compounded by misunderstandings and misconceptions about what it means to be part of a specific branch of the military and part of the military as a whole. Handbook of Counseling Military Couples includes a clear, thorough introduction to military culture and to couple relationships in the military. But more than that, it provides readers with expert analyses of the special types of issues that come up for military couples and shows clinicians how to address them productively. In the chapters, readers will find the answers to questions such as how are military couples’ rights different from those of civilians? What attitudes and beliefs about relationships might military members bring to a session, and how are those different from
those of civilians? What is the state of marriage and divorce in each of the branches and within the military in general? For a particular treatment modality, how does research in with military members compare to that of civilians? When should particular treatment strategies be used, and why - and how?

Relational-Cultural Therapy (RCT) is developed to accurately address the relational experiences of persons in de-valued cultural groups. As a model, it is ideal for work with couples: it encourages active participation in relationships, fosters the well-being of everyone involved, and acknowledges that we grow through and toward relationships throughout the lifespan. Part and parcel with relationships is the knowledge that, whether intentionally or not, we fail each other, misunderstand each other, and hurt each other, causing an oftentimes enduring disconnect. This book helps readers understand the pain of disconnect and to use RCT to heal relationships in a variety of settings, including with heterosexual couples, lesbian and gay couples, and mixed race couples. Readers will note a blending of approaches (person-centered, narrative, systems, and feminist theory), all used to change the cultural conditions that can contribute to problems: unequal, sometimes abusive power arrangements, marginalization of groups, and rigid gender, race, and sexuality expectations. Readers will learn to help minimize economic and power disparities and encourage the growth of mutual empathy while looking at a variety of relational challenges, such as parenting, stepfamilies, sexuality, and illness. Polarities of “you vs. me” will be replaced with the healing concept of “us.”

Showing how to weave assessment into all phases of therapy, this indispensable text and practitioner guide is reader friendly, straightforward, and practical. Specific strategies are provided for evaluating a wide range of clinical issues and concerns with adults, children and adolescents, families, and couples. The authors demonstrate ways to use interviewing and other techniques to understand both individual and relationship functioning, develop sound treatment plans, and monitor progress. Handy mnemonics help beginning family therapists remember what to include in assessments, and numerous case examples illustrate what the assessment principles look like in action with diverse clients. See also the authors' Essential Skills in Family Therapy, Third Edition: From the First Interview to Termination, which addresses all aspects of real-world clinical practice, and Clinician's Guide to Research Methods in Family Therapy.

Context is the unifying principle that guides a therapist’s formulation of the modern family's presenting dilemmas, functioning, relationships, and attitudes. We can no longer assume that a family is comprised of a mother, father, and children; the composition and systems a family operates within can be fluid and ever-changing, requiring an equally elastic model. The Assimilative Family Therapy Model is sensitive to the many unique contexts presented by the modern family and is shaped by the inclusion of necessary interventions to address the specific dilemmas of a client or family. In Solving Modern Family Dilemmas, readers will learn about many schools of thought and experience their integration to help heal clients through differentiation, anxiety reduction, and lowering emotional
reactivity. There is also no need for readers to abandon their theoretical framework; theories, concepts, and interventions can be inserted into the model, enabling readers to create their own model of family therapy. End-of-chapter questions enable self-examination, and readers are treated to references for further exploring theories, concepts, and interventions. Family therapists, psychologists, social workers, and mental health counselors find this book essential in their work with all clients, and professors use it in courses to teach different modes of integrating theories, concepts, and interventions. How does the family art therapist understand the complexities of another’s cultural diversity? What are international family therapist’s perspectives on treatment? These questions and more are explored in Multicultural Family Art Therapy, a text that demonstrates how to practice psychotherapy within an ethnocultural and empathetic context. Each international author presents their clinical perspective and cultural family therapy narrative, thereby giving readers the structural framework they need to work successfully with clients with diverse ethnic backgrounds different from their own. A wide range of international contributors provide their perspectives on visual symbols and content from America, Canada, Britain, Ireland, Australia, Israel, Russia, Singapore, Taiwan, Japan, Korea, Trinidad, Central America, and Brazil. They also address a diversity of theoretical orientations, including attachment, solution-focused, narrative, parent-child, and brief art therapy, and write about issues such as indigenous populations, immigration, acculturation, identity formation, and cultural isolation. At the core of this new text is the realization that family art therapy should address not only the diversity of theory, but also the diversity of international practice. In this age of accountability, and irrespective of whether they work in health-care settings or conventional mental health settings, all therapists will be increasingly expected to provide effective psychosocial treatment to individuals and families who face co-morbid medical conditions. Statistics these conditions are daunting: 75 percent of adults over age 65 and 50 percent of Americans constantly experience chronic medical symptoms, and prevalence rates of chronic medical conditions that are more than three times higher than mental illness. While it can be helpful to conceptualize treatment in terms of individual dynamics and utilize cognitive behavioral strategies, it can be much more effective to conceptualize family as well as individual dynamics and to utilize systemic interventions when indicated. Effective Treatment of Individuals and Families Facing Medical Conditions addresses the need for these types of interventions. It provides background information on 12 common medical conditions, and includes discussions of family dynamics as well as medical and psychosocial treatments. While recognizing the role of personality, culture, and illness dynamics, it emphasizes the centrality of family dynamics in conceptualizing and implementing interventions. Play therapy expert Terry Kottman and her colleague Kristin Meany-Walen provide a comprehensive update to this spirited and fun text on integrating Adlerian techniques into play therapy. Clinicians, school counselors, and students will
find this to be the definitive guide for using Adlerian strategies with children to foster positive growth and effective communication with their parents and teachers. After an introduction to the basics of the approach and the concepts of Individual Psychology, the stages of Adlerian play therapy are outlined through step-by-step instructions, detailed treatment plans, an ongoing case study, and numerous vignettes. In addition to presenting up-to-date information on trends in play therapy, this latest edition emphasizes the current climate of evidence-based treatment and includes a new chapter on conducting research in play therapy. Appendices contain useful worksheets, checklists, and resources that can be easily integrated into practice. Additional resources related to this book can be found in the ACA Online Bookstore at www.counseling.org/publications/bookstore and on Terry Kottman’s website encouragementzone.com. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org. Widely adopted, this valued course text and practitioner guide has expanded the understanding of family normality and healthy functioning in our increasingly diverse society. The editor and contributors are at the forefront of research and clinical training. They describe the challenges facing contemporary families and ways in which clinicians can promote resilience. With consideration of sociocultural and developmental influences, chapters identify key family processes that nurture and sustain strong bonds in couples; dual-earner, divorced, single-parent, remarried, adoptive, and kinship care families; gay and lesbian families; culturally diverse families; and those coping with adversity, such as trauma, poverty, and chronic illness. New to This Edition* Reflects important research advances and the changing contexts of family life.* Additional chapter topics: kinship care, family rituals, evidence-based assessment, and neurobiology.* All chapters have been fully updated. Widely adopted, this valued course text and practitioner guide has expanded our understanding of the diversity and complexity of “normal” families today. Froma Walsh and her contributing authors are at the forefront of family systems research and clinical training. They describe the challenges facing contemporary families and ways in which clinicians can promote well-being and resilience. Thoroughly revised and updated to reflect important research advances and the changing contexts of family life, the fourth edition covers new topics including evidence-based assessment, neurobiology, kinship care, and family rituals. The introductory section by Walsh surveys emerging trends in family life; critically examines views of family normality, health, and dysfunction; and provides a strengths-based framework for clinical practice. Subsequent sections present cutting-edge research on varied family structures and sociocultural and developmental contexts, highlighting implications for assessment and intervention. The book identifies processes that nurture and sustain strong bonds in couples; dual-earner, divorced, single-parent, and remarried families; gay and lesbian families; and
adoptive and kinship care families. It discusses how families are influenced by social and economic constraints, changing gender norms, immigration experiences, and spirituality. It examines the multigenerational family life cycle and describes key family processes for coping and resilience, with attention to the normative strains of childrearing as well as major stressors such as trauma, loss, and chronic illness or disability. Rounding out the volume, the final section reviews the state of the science of family assessment and probes genetic and neurobiological interactions with family processes. Shifting the focus from how families fail to how they can succeed, this book is essential reading for therapists and counselors, as well as instructors and graduate students in family therapy, psychology, social work, counseling, nursing, and related fields. It is a uniquely informative and authoritative text for graduate-level courses. This book demonstrates how clinical psychology and psychotherapy practices may reach a scientific level provided they change the three basic paradigms that have controlled those practices in the last century. These three, now outdated, paradigms, are: (1) one-on-one (2) personal contacts (3) through talk. These paradigms have served well in the past but they are no less helpful in the current digitally focused world. In this widely adopted text and professional reference, leading contributors provide the knowledge needed to design strong qualitative, quantitative, and mixed-method studies; analyze the resulting data; and translate findings into improved practices and programs. Following a consistent format, user-friendly chapters thoroughly describe the various methodologies and illustrate their applications with helpful concrete examples. Specialty Competencies in Couple and Family Psychology provides a comprehensive explanation of the competencies involved in the specialty and illustrates how complexity, reciprocity, interdependence, adaptation, and self-organization are important aspects of the epistemology of a couples and family approach. When a couple enters therapy, both partners have either explicit or implicit understandings of what can—and, more importantly, cannot—be discussed in therapy. Even when empirically tested assessments are used to help pinpoint areas of concern and conflict, couples may choose to identify only those areas that are relatively safe and do not seriously threaten each partner’s sense of integrity and vulnerability. How is a therapist supposed to proceed when a couple comes in for a tune-up, not realizing that their entire transmission needs to be serviced? Therapists know that some relationships, like some transmissions, can continue to function on some level even without proper care—sometimes even for years—before the couple seeks therapy. If, when they come in, the therapist can help the couples to repair and regain their lost equilibrium, they’ll be more likely to seek help when the transmission next begins to slip. In its clear, precise prose, insightful case studies, and thought-provoking discussion questions, Couples in Collusion lays out guidelines for identifying, understanding, and dealing with the unspoken agreements and collusive systems that couples build up over time. Clinicians will find each chapter replete with concrete strategies they can use in practice as well as
through explanations of the assessment tools, suggestions on how to use them, and even advice on how to build the tools’ costs into clinicians’ limited budgets. Rev. ed of: Assessment of couples and families. 2004. This book represents an up-to-date, comprehensive survey of the major contemporary and cutting-edge tools and strategies used in the clinical assessment of couples and families. Copyright code: 76d888f6b36244a4bf23969f65b47591